## WE CLAIM

- 1. A headlight consisting of a luminous device installed in the appropriate position on an arc-shaped head band which can be fixed while being put over the head due to elastic deformation, with or without an arm to irradiate light toward one's hands.
- 2. The headlight in accordance with claim 1, wherein the luminous device or the arm can rotate in such a way that either of them stops in the storing position, following the contour of the head band and in the position of use where irradiation goes toward one's hands.
- 3. The headlight in accordance with claim 2, wherein a rotary switch is installed, which is connected with the luminous device and synchronized with the luminous device or the lever, such that the rotary switch is turned off when the luminous device or lever are not in the position of use, or at least when they are in the storage position.
- 4. The headlight in accordance with either of claims 1 to 3, wherein the luminous device or the arm can rotate right and left and stop in a given position.
- 5. The headlight in accordance with either of claims 1 to 4, wherein the luminous device or the arm is telescopic.
- 6. The headlight in accordance with either of claims 1 to 5, wherein the luminous device is an LED emitting white light.
- 7. The headlight in accordance with either of claims 1 to 6, wherein the head band is a headphone having a speaker housing on both ends.